Visitor Information

Directions to the Institute
Richard H. Dean Biomedical Research Bldg, 391 Technology Way, Winston-Salem NC 27101

Important - Travel will be affected by NC Business 40 construction Fall 2018 to Spring 2020. Below are routes taking into account detours and closures.

From the east (Greensboro/Raleigh):

► Enter Winston-Salem on Interstate 40 West. Follow I-40W to Peters Creek Parkway Exit 192 and turn left at the bottom of the ramp. Follow Peters Creek Parkway as it changes to Second Street. Turn right on Chestnut St. and turn left onto Technology Way. Visitor parking is the third parking deck entrance on your left.

► Enter Winston-Salem on Business 40 West. Take exit 6A to merge onto US 52 South. Take exit for Research Parkway and continue west. Turn left onto Rams Dr. and turn right onto E. Salem Ave. Turn left on Technology Way. Visitor parking is the first parking deck entrance on your right.

From the west (Statesville):

► Enter Winston-Salem on Interstate 40 East. Follow I-40E to Peters Creek Parkway Exit 192 and turn left at the bottom of the ramp. Follow Peters Creek Parkway as it changes to Second Street. Turn right on Chestnut St. and turn left onto Technology Way. Visitor parking is the third parking deck entrance on your left.

► Enter Winston-Salem on Business 40 East. Take exit 5A for Peters Creek Parkway and turn left. Continue onto Second Street, entering downtown. Turn right on Chestnut St. and turn left onto Technology Way. Visitor parking is the third parking deck entrance on your left.

Press the red intercom button and let security know you are a visitor to the Institute. The entrance to WFIRM is to the right of the parking deck. A staff member will meet you in the lobby and help you sign-in.

Hotels Near the Institute

- The Cardinal Hotel (a Kimpton property)
  336-724-5599
- Fairfield Inn & Suites by Marriott
  336-714-2800
- Winston-Salem Marriott
  800-770-5675
- Embassy Suites by Hilton
  336-724-2300
- Hawthorne Inn and Conference Center
  877-777-3099
- Hotel Indigo
  336-722-0720
Stay An Extra Day: Places To Visit

Old Salem Museums and Gardens
900 Old Salem Rd., Winston-Salem, NC
www.oldsalem.org
In the middle of bustling downtown Winston-Salem, you are steps away from the quieter place of the 18th-century Moravian village of Old Salem Museums and Gardens. Enjoy a self-guided walking tour of the historic town. Don’t miss a meal at the Tavern or Moravian sugar cake at Winkler Bakery.

Reynolda House Museum of American Art
2250 Reynolda Rd., Winston-Salem, NC
www.reynoldahouse.org
As one considers great homes of the South, few possess more personal appeal than Reynolda House Museum of American Art. Its stellar collections of American art, decorative arts and costumes transport visitors into the era of the early 20th century. Nearby Reynolda Village offers shops and restaurants.

Downtown Arts District & Shopping
400-700 Trade St., Winston-Salem, NC (and surrounding areas)
www.dadaws.org
Downtown/Trade Street District has restaurants, retail shops, residences, business offices, and more located in this eclectic area of downtown between 5th and 7th Streets on Trade Street. Many businesses are housed in historic buildings that are characteristic to Winston-Salem’s past and present.

For additional ideas visit www.visitwinstonsalem.com.

Stay An Extra Day: Places To Eat

The Tavern in Old Salem - American
736 South Main St.,
Winston-Salem, NC
336-722-1227

Quanto Basta - Italian
680 West 4th St.,
Winston-Salem, NC
336-893-6144

Winkler Bakery - Baked Goods
521 South Main St.,
Winston-Salem, NC
336-721-7302

Krankies - Coffee & Food
211 East 3rd St.,
Winston-Salem, NC
336-722-3016

Sweet Potatoes - Southern
529 Trade St.,
Winston-Salem, NC
336-727-4844

Famous Toastery - Breakfast
770 Liberty View Ct.
Winston-Salem, NC
336-306-9023

Bib’s Downtown - Barbeque
675 West 5th St.,
Winston-Salem, NC
336-722-0007

Willow’s Bistro - American
300 South Liberty Ct.,
Winston-Salem, NC
336-293-4601

© 2018 Wake Forest Institute for Regenerative Medicine
391 Technology Way, Winston-Salem, NC, 27101