American Indian Mental Health

**Mental Illness** is a common but unrecognized health condition.

**Nearly 1/3** of American Indian/Alaska Natives (AI/AN) in the U.S. have been diagnosed with a mental illness (28%).

**Mental Illness** is a leading risk factor for suicide.

In North Carolina, 1 out of every 10 AI/AN youths die from suicide each year.

But there is **HOPE**. Mental illness is a treatable health condition.

**Suicide** is the 2nd leading cause of death for AI/AN youth, and the 8th leading cause of death for all AI/ANs.

**More than 1 out of every 3** AI/ANs in North Carolina (39%) have been diagnosed with a mental illness.

2x+

AI/AN youth are more than **TWICE AS LIKELY** to commit suicide than other racial/ethnic groups.

North Carolina Hopeline: 1-877-235-4525
Native Youth Crisis Hotline: 1-800-273-8255
We Are Native: www.wernative.org

North Carolina American Indian Health Board

Wake Forest Baptist Health