

Protocol for students preparing to return to clinical rotations:

**Day 0 = date returning to clinic/hospital rotation or classes**

Days -14 to day 0: **Self-monitor using checklist below and notify Employee Health (336-716-4801 option 2) of any positive symptoms**

- *Do you feel like you may have a temperature of greater than 100.0°F? (If so, take temperature)*
- *Do you have a new or worsening cough that is not related to another medical condition?*
- *Do you have sore throat not related to another medical condition (e.g. allergies)?*
- *Do you have difficulty breathing or shortness of breath that is not attributable to another medical condition?*
- *Do you have new joint or muscle aches not related to another medical condition or another specific activity (e.g. due to physical exercise)?*
- *Do you have recent (<5 days) loss of smell and taste?*
- *Do you have new onset of vomiting or diarrhea not related to another medical condition?*

Prior to Day 0:

1. Complete observed PPE donning and doffing skills training
  - a) **Re-take the HealthStream Module** on **WFBHS-COVID-19 PPE Use 2020** *prior to* coming to an in-person PPE donning & doffing skills session
    - a. Log into [HealthStream](#) training
    - b. Search for **WFBHS-COVID-19 PPE Use 2020**
    - c. Complete the module
  - b) Review the information on the [PPE Information](#) Intranet page
  - c) Complete an in-person (observed) PPE donning & doffing skills session
    - a. Note the [expectation about wearing masks](#): All employees, including those in non-patient facing roles, **and students** are expected to wear a mask at all times in common areas inside Wake Forest Baptist Health facilities:
      - i. Employees (and students) should put on a mask before entering any campus building to arrive for their shift.
      - ii. Mask-free times should only occur when employees (and students) are on break and socially distanced from others, or when working alone in individual offices.
      - iii. For sanitary purposes, cloth masks should be washed daily by the individual.
- 2) Review COVID-19 Information on the [COVID-19 Employee Hub](#) Intranet page
  - a) Review the [MD Student COVID-19 Information](#) Intranet page
  - b) **Review the COVID-19 FAQs, particularly those about:**
    - a. **COVID-19 FAQs - MD Students**
    - b. **COVID-19 FAQs - Clinical Care**

- 3) Instructions if you develop [symptoms](#) once you've returned to school/clinical rotations (see self-monitoring symptoms checklist above)
  - a. **Call Family Medicine – Piedmont Plaza 336-716-4479** to discuss your symptoms and receive medical advice and **advice about testing**
  - b. Contact Employee Health to report your symptoms and answer some screening questions
    - i. Report your symptoms to Employee Health by either completing the [Employee Flu and Norovirus Self-Reporting form](#) or calling 336-716-4801 (option 2).
- 4) Review Steps to take in case of exposure
  - a. Please see the Table for instructions to take if you are exposed to someone with COVID-19.
- 5) Review steps to take in case of illness:
  - a. Please see the Table for instructions to take if you are experiencing symptoms of or test positive for COVID-19.
- 6) What are my options if I do not feel comfortable entering clinical rotations?
  - a. Pursuing your education and training is always a voluntary action.
  - b. If you are concerned about your personal health risks related to participating in your education/training program, contact your personal medical provider to discuss.
  - c. Contact Dr. Marcia Wofford, Associate Dean for Student Affairs, to discuss your concerns. PA Students: Contact Dr. Tanya Gregory, Director for PA Student Services, to discuss your concerns.
- 7) What is the role of Employee Health and how do I access them?
  - a. Employee Health can be accessed by calling **336-716-4801** and by the [Employee Health Portal](#)
  - b. Employee Health will continue to provide students with a mechanism to:
    - i. Report travel and provide travel-related guidance, both going to a location and returning from a location.
    - ii. Report exposures to COVID-19
    - iii. Report the development of any symptoms consistent with COVID-19
    - iv. Provide clearance to return to duty following recovery from COVID-19

**Interventions for COVID-19+ Exposure and Testing**

Situation	Required action
<p><b>Exposed to COVID-19+ individual in the <a href="#">community</a></b>                      (e.g., a household contact such as family member or roommate; other situation that meets the definition of an exposure)</p>	<ul style="list-style-type: none"> <li>• Stay home from school/clinical rotations .</li> <li>• Contact Employee Health (336-716-4801 option 2) to notify them of your exposure.</li> <li>• Begin a period of quarantine and continue <a href="#">quarantine for 14 days after the last exposure</a> to the COVID-19+ individual.</li> <li>• Self-monitor for symptoms                             <ul style="list-style-type: none"> <li>○ <b>Check temperature twice a day</b></li> <li>○ Watch for fever (subjective fever or measured temp of 100.0 F or higher), cough, or shortness of breath</li> <li>○ Other symptoms (see self-monitoring symptoms checklist above)</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>• Avoid contact with people at <a href="#">higher risk for severe illness</a> (unless they live in the same home and had same exposure)</li> <li>• <b>If you develop symptoms:</b> <ul style="list-style-type: none"> <li>○ If you feel <a href="#">severely ill</a>, call 911</li> <li>○ If not feeling severely ill, contact Employee Health (336-716-4801 option 2) or go to the <a href="#">Employee Health Portal</a> to report you have developed symptoms. (On the portal, click on “I have reported”)</li> <ul style="list-style-type: none"> <li>▪ Note: consider “unit director” as your course director</li> <li>▪ Note: consider “assigned shift” as coming in for your rotation</li> </ul> <li>○ <b>Call Family Medicine – Piedmont Plaza 336-716-4479</b> to discuss your symptoms and receive medical advice and <b>advice about testing</b></li> </ul> </li> </ul>
<p><b>Exposed to COVID-19+ patient while in clinic (Patient masked OR un-masked; Student: wearing BOTH face mask + face shield)</b></p>	<p>No work/school restriction required; continue to wear appropriate PPE in the clinical setting.</p>
<p><b>Exposed to COVID-19+ patient while in clinic (Patient masked; Student: wearing face mask ONLY)</b></p>	<p>No work/school restriction required; continue to wear appropriate PPE in the clinical setting.</p>
<p><b>Exposed to COVID-19+ patient while in clinic (Patient NOT masked; Student: wearing face mask ONLY)</b></p>	<ul style="list-style-type: none"> <li>• Stay home from school/clinical rotation or leave the hospital/clinic setting after appropriate notification to your immediate supervisor (i.e., service/clinic attending, course/clerkship director).</li> <li>• Contact Employee Health (336-716-4801 option 2) to notify them of your exposure.</li> <li>• Begin a period of quarantine and continue <a href="#">quarantine for 14 days after the last exposure</a> to the COVID-19+ individual.</li> <li>• Self-monitor for symptoms             <ul style="list-style-type: none"> <li>○ <b>Check temperature twice a day</b></li> <li>○ Watch for fever (subjective fever or measured temp of 100.0 F or higher), cough, or shortness of breath</li> <li>○ Other symptoms (see self-monitoring symptoms checklist above)</li> </ul> </li> <li>• Submit an absence request through the usual system utilized by your program (i.e., CRNA, Grad, MD, PA)</li> <li>• Avoid contact with people at <a href="#">higher risk for severe illness</a> (unless they live in the same home and had same exposure)</li> </ul>

	<ul style="list-style-type: none"> <li>● <b>If you develop symptoms:</b> <ul style="list-style-type: none"> <li>○ If you feel <a href="#">severely ill</a>, call 911</li> <li>○ If not feeling severely ill, contact Employee Health (336-716-4801 option 2) or go to the <a href="#">Employee Health Portal</a> to report you have developed symptoms and answer some screening questions. (On the portal, click on “I have reported”)                     <ul style="list-style-type: none"> <li>▪ Note: consider “unit director” as your course director</li> <li>▪ Note: consider “assigned shift” as coming in for your rotation</li> </ul> </li> <li>○ <b>Call Family Medicine – Piedmont Plaza 336-716-4479</b> to discuss your symptoms and receive medical advice and <b>advice about testing</b></li> </ul> </li> </ul>
<p><b>Personally testing positive for COVID-19</b></p>	<ul style="list-style-type: none"> <li>● Once informed of a <b>positive COVID-19 result</b>, put on a facemask (if not already wearing one), leave the hospital/clinic setting after appropriate notification to your immediate supervisor (i.e., service/clinic attending, course/clerkship director), <b>contact Employee Health</b> (336-716-4801 option 2) to notify them of your positive COVID-19 test result.</li> <li>● <b>Begin a period of <a href="#">isolation</a></b></li> <li>● Self-monitor for symptoms             <ul style="list-style-type: none"> <li>○ Check temperature twice a day</li> <li>○ Watch for fever (subjective fever or measured temp of 100.0 F or higher), cough, or shortness of breath</li> <li>○ Other symptoms (see self-monitoring symptoms checklist above)</li> </ul> </li> <li>● Submit an absence request through the usual system utilized by your program (i.e., CRNA, Grad, MD, PA)</li> <li>● <b>Return to school/clinical rotation may be considered based upon the following:</b> <ul style="list-style-type: none"> <li>○ If you become symptomatic, isolation may end:                     <ul style="list-style-type: none"> <li>▪ 10 days since symptoms first appear AND</li> <li>▪ 3 days (72hrs) without fever (with no fever-reducing medications) plus recovery from symptoms</li> </ul> </li> <li>○ If you remain asymptomatic, isolation may end:                     <ul style="list-style-type: none"> <li>▪ 10 days after your after your first positive diagnostic COVID-19 test AND</li> <li>▪ 3 days (72hrs) without fever (with no fever-reducing medications) plus recovery from symptoms</li> </ul> </li> </ul> </li> <li>● <b>Prior to return to school/clinical rotation, you <b>must contact Employee Health</b>, either by email at</b></li> </ul>

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	COVID_EH@wakehealth.edu or phone at 336-716-4801 (option 4).
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Some situations may be addressed on a case-by-case basis.

**[Employee Health](#)** has the final say in health decisions for students working in our Health System.

### Online resources

[WFBMC COVID-19 Resources](#)

[WFBMC Employee Health Portal](#)

[SHRM Social Distancing Guidelines at Work](#)

[Centers for Disease Control and Prevention \(CDC\)](#)

[Quarantine vs Self Isolation](#)

[Community-related exposure](#)

[Household Ready Checklist](#)

[Healthcare Personnel with Potential Exposure in a Healthcare Setting to COVID-19+ Patients](#)

[List for people at higher risk](#)

[Exposure Guidelines](#)

[Criteria for return to work for healthcare personnel](#)