

Vaya Health

(Reporting Activities for Alexander, Alleghany, Ashe, Avery, Burke, Caldwell, Catawba, Iredell, Surry, Watauga, Wilkes and Yadkin Counties)

Summary of Partnership July 1, 2017 – June 30, 2018

HEALTH CAREERS and WORKFORCE DIVERSITY

Grades 9-12—

- **Camp Med Alexander County** – Partnership: Catawba Valley Community College, Frye Regional Medical Center, Hickory School, Newton Conover Schools and Northwest AHEC. Coordinated and hosted by Catawba Valley Community College, **24** students participated from **Alexander and Catawba** Counties. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Alleghany County** – Partnership: Alleghany County Schools, Alleghany Memorial Hospital, Appalachian District Health Department and Northwest AHEC. Coordinated and hosted by Alleghany High School, **nine** students participated from **Alleghany** County in **FY18**. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Ashe County** – Partnership: Ashe Memorial Hospital, Ashe County Schools and Northwest AHEC. Coordinated and hosted by Ashe Memorial Hospital, **35** students participated from **Ashe** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Avery County** – Partnership: Avery County Schools, Appalachian Regional Healthcare System (Blowing Rock Rehabilitation & Davant Extended Care Center, Cannon Memorial Hospital, and Watauga Medical Center) and Northwest AHEC. Coordinated and hosted by Avery County High School where **10** students participated from **Avery** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Burke County** – Partnership: Carolinas HealthCare System - Blue Ridge, Burke County Schools and Northwest AHEC. Coordinated and hosted by the Carolinas HealthCare System - Blue Ridge where **16** students participated from **Burke** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Caldwell County** – Partnership: Caldwell Memorial Hospital UNC Health Care, Caldwell County Schools and Northwest AHEC. Coordinated and hosted by Caldwell Memorial Hospital UNC Health Care where **16** students participated from **Caldwell** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Catawba / Alexander County** – Partnership: Catawba Valley Community College, Newton-Conover and Hickory City Schools, Frye Regional Medical Center and Northwest AHEC. Coordinated and hosted by Catawba Valley Community College where **24** students participated from **Catawba** County. Toured Valley-Sim Hospital and Frye Regional and Wake Forest Baptist Medical Centers. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Nursing Catawba County** – Partnership: Catawba County Schools, Catawba Valley Community College, Catawba Valley Medical Center and Northwest AHEC. Coordinated and hosted by Catawba Valley Medical Center where **16** students participated from **Catawba** County. Toured Catawba Valley and Wake Forest Baptist Medical Centers. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med South Iredell County** – Partnership: Lake Norman Regional Medical Center and Northwest AHEC. Coordinated and hosted by Lake Norman Regional Medical Center, **16** students participated from **South Iredell** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med North Iredell County** – Partnership: Iredell Health System, Iredell-Statesville Schools and Northwest AHEC. Coordinated and hosted by Iredell Health System, **20** students participated from **North Iredell** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Surry County** – Partnership: Surry County Schools and Northwest AHEC. Coordinated and hosted by Surry County Schools where **18** students participated from **Surry** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.

- **Camp Med Surry and Yadkin Counties** – Partnership: Surry Community College, Mt. Airy City Schools, Elkin City Schools, Yadkin County Schools, Hugh Chatham Memorial Hospital and Northwest AHEC. Coordinated and hosted by Surry Community College where **11** students participated from **Surry and Yadkin Counties**. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Watauga County** – **Eleven** students participated from **Watauga** County as there was not camp was not held due to school make up days in summer because of inclement weather. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Camp Med Wilkes County** – Partnership: Wake Forest Baptist Health Wilkes Medical Center and Northwest AHEC. Coordinated and hosted by Wake Forest Baptist Health Wilkes Medical Center where **16** students participated from **Wilkes** County. Northwest AHEC provides \$1,500 in support for each program and makes this offer each fall for the upcoming summer.
- **Northwest AHEC Scholars Program** – College students are recruited from Wake Forest and Winston-Salem State Universities to participate in a 3-year program. The first two years consist of didactic and clinical components to enhance their opportunities after matriculation for health professions' graduate school or employment. The third year will be an opportunity for students to fully participate in an evaluative forum to provide feedback about the first two years and thereby, help to improve program quality for current/future students.
- Information about Northwest AHEC programs can be found by going to our website: <http://nwahec.org/site> or by contacting Ms. Melanee Mills at (336) 713-7714 or mgmills@WakeHealth.edu.

STUDENT AND PRECEPTOR SUPPORT

Medical/Physician Assistant Students

- Many **medical** and **physician assistant students** rotate with local precepting physicians and accompany them to see patients where the physicians have practicing privileges.
- Overnight student accommodations are available if needed for all students.
- The Northwest AHEC Student and Preceptor Support provide administrative and financial support for these preceptors and students with their rotations in community settings.
- Some communities use these student rotation opportunities to develop relationships with the students for potential future placement upon degree completion. Physicians interested in becoming preceptors should contact Ms. Angela Hodges at (336) 713-7717 or ahodges@WakeHealth.edu

Health Sciences Student Rotations in Alexander, Alleghany, Ashe, Avery, Caldwell, Watauga and Wilkes Counties

Alexander County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	8	14	13	16
# Students weeks	22	38	32	46
Alleghany County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	3	3	2	0
# Students weeks	10	10	9	0
Ashe County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	6	5	8	11
# Students weeks	19	20	32	49
Avery County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	11	8	3	0
# Students weeks	39	33	6	0
Caldwell County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	12	20	21	16
# Students weeks	23	50	50	38
Watauga County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	22	20	13	13
# Students weeks	62	49	18	36
Wilkes County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	16	10	12	19
# Students weeks	45	44	44	44

Health Science Student Rotations in Burke, Iredell, Surry and Yadkin Counties

Burke County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	24	20	25	23
# Students weeks	71	69	85	83
Catawba County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	52	38	40	26
# Students weeks	258	153	114	68

Iredell County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	59	51	46	35
# Students weeks	168	110	119	98
Surry County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	44	36	49	38
# Students weeks	156	78	136	125
Yadkin County	2014-2015	2015-2016	2016-2017	2017-2018
# Students in rotation	7	8	7	8
# Students weeks	24	14	8	19

Student week: can be 1 student for 1 week; 4 student weeks can be 1 student for 4 weeks or 4 students for 1 week each, etc.

CONTINUING PROFESSIONAL DEVELOPMENT ACTIVITIES AND SERVICES

- Northwest AHEC CPD activities are marketed to healthcare professionals of the **Vaya Health** and its service area where counties align with those of Northwest AHEC.
- More information about CPD activities can be found on our website: northwestahec.org or by contacting Ms. Marie Simos at (336) 713-7721 or msimos@WakeHealth.edu

Healthcare Professionals' CPD Activity by County

Alexander County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	14	21	37	16
# Registrations	24	22	49	22
Alleghany County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	16	14	9	9
# Registrations	18	16	15	11
Ashe County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	29	31	31	38
# Registrations	43	47	44	70
Avery County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	28	25	24	25
# Registrations	36	37	32	43
Caldwell County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	62	92	75	73
# Registrations	117	127	158	153
Watauga County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	191	197	207	178
# Registrations	300	364	364	352
Wilkes County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	92	104	136	121
# Registrations	126	168	196	2098
Burke County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	286	236	172	147
# Registrations	882	739	715	557
Catawba County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	444	674	605	607
# Registrations	561	763	1950	1896
Iredell County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	159	308	299	283
# Registrations	190	496	427	354
Surry County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	122	156	135	112
# Registrations	156	259	181	161
Yadkin County	2014-2015	2015-2016	2016-2017	2017-2018
# Unique registrants	18	19	23	19
# Registrations	19	24	25	32

Nursing Management Institute

- Nursing Management Institute (NMI) - an online management curriculum for new or aspiring nurse managers.
- Created and offered by the Northwest AHEC in partnership with Greensboro AHEC.
- Total program enrollment for **FY18** was **7** for the 12 modules.
- FY18 is the last year for the NMI program, as it was phased out 12/13/17. There are now very similar programs available elsewhere which interested participants can easily access

Community Health Partnerships

- Northwest AHEC's Community Health Partnerships program was initiated to enhance the work of health coalitions in our region and to link them with the resources of the NC AHEC system. Since 2000, we have co-sponsored, with the Regional NC DHHS Healthy Carolinians/Health Education Consultant, meetings of the Coalition Coordinators' Network (CCN), a networking and education venue for those involved with coalition work. Although state funding was eliminated for the county's Healthy Carolinians' consultant positions, many local counties used local or grant funds to continue; therefore, Northwest AHEC continued our support of the Northwest AHEC Coalition Coordinators' Network.
- This year we held an educational program on community responses to the opioid epidemic and plan to offer a program on diversity, bias, privilege and the social determinants of health. We also continued to utilize a listserv which was established for the CCN to facilitate networking and idea sharing.
- For more information about this service, go to our website: <http://nwahec.org/site> or contact Ms. Ellen Kesler at (336) 713-7712 or ekesler@WakeHealth.edu

UNC Chapel Hill RN Refresher Program

- Northwest AHEC offers the UNC Chapel Hill RN Refresher Program to nurses who want to reinstate their licenses or want to update their skills.
- Curriculum consists of a didactic component and a clinical practicum.
- Students engage in their clinical practicum at a variety of hospitals in the Northwest AHEC region.
- Most institutions providing clinical rotations for these students use the opportunity to recruit them for employment upon program completion and having earned their RN credentials.
- Student placements were implemented in the following: **One** at Alleghany Memorial Hospital in Alleghany County; **one** at Ashe Memorial Hospital in Ashe County; and **two** students, one each at Iredell Health System and Lake Norman Regional Medical Center. **There are no contracts in place in Alexander, Avery, Burke, Caldwell, Catawba, Surry, Watauga, Wilkes and Yadkin counties**; therefore, there were **no** students enrolled in the clinical practicum.
- Interested health care organizations should contact Ms. Kay Herr at (336) 713-7720 or kherr@WakeHealth.edu

UNC Chapel Hill RN Refresher Clinical Practicum Placements in Alleghany County

	2014-2015	2015-2016	2016-2017	2017-2018
# RN Refresher students	0	0	0	1

UNC Chapel Hill RN Refresher Clinical Practicum Placements in Ashe County

	2014-2015	2015-2016	2016-2017	2017-2018
# RN Refresher students	0	0	0	1

UNC Chapel Hill RN Refresher Clinical Practicum Placements in Iredell County

	2014-2015	2015-2016	2016-2017	2017-2018
# RN Refresher students	2	2	2	2

PRACTICE SUPPORT SERVICES

- In FY18, Northwest AHEC Practice Support Services coached practices in a variety of quality improvement programs including, but not limited to, AHRQ Heart Health Now, Meaningful Use Stage 2, and NCQA Patient-Centered Medical Home transformation. The NWAHEC Practice Support Team coached a total of **96** practices throughout our seventeen-county region. **Two** were in **Alleghany** county, **three** in **Ashe** county, **two** in **Avery** county, **two** in **Caldwell** county, **eleven** in **Watauga** county and **two** in **Wilkes** county: **Six** were in **Burke** county, **29** in **Catawba** county, **6** in **Iredell** county, **8** in **Surry** county and **1** in **Yadkin** county:

Health Professionals Assisted by Northwest AHEC Practice Support in Alleghany County

Alleghany Family Practice, PA

Blue Ridge Cardiology & Internal Medicine - Sparta
Health Professionals Assisted by Northwest AHEC Practice Support in Ashe County
Ashe Family Healthcare
Ashe Pediatrics
Charles W Jones MD PA
High Country Family Medicine
Health Professionals Assisted by Northwest AHEC Practice Support in Avery County
Clark Family Medicine
Mountain Laurel Internal Medicine, PA
Health Professionals Assisted by Northwest AHEC Practice Support in Caldwell County
Caldwell County Health Department
Colettsville Medical Center
Cross River Cardiology
Health Professionals Assisted by Northwest AHEC Practice Support in Watauga County
Appalachian Family Practice PA
Appalachian Regional Medical Associates
Blue Ridge Nephrology & Hypertension Center
Blue Ridge Pediatric & Adolescent Medicine, Inc.
Boone Dermatology Clinic, PA
Compassionate Care
David M Cline, MD
High Country Community Health
Marshall C. Murrey, MD
Mountain Laurel Family Practice
Primedical Healthcare, PA
Health Professionals Assisted by Northwest AHEC Practice Support in Wilkes County
Blue Ridge Cardiology & Internal Medicine - N Wilkesboro
Wilkes County Health Department

Health Professionals Assisted by Northwest AHEC Practice Support in Burke County
Burke Primary Care
Cardiology Associates of the Carolinas & Internal medicine
Good Samaritan Clinic
Medical Heights OB-GYN, PA
Morganton Internal Medicine, PA
Mountain View Pediatrics, P.A.

Health Professionals Assisted by Northwest AHEC Practice Support in Catawba County
Adult Internal Medicine, PA
Allergy & Asthma Associates
Cabral Internal Medicine PLLC
Carolina Foot & Ankle Associates
Catawba Valley Healthcare
Catawba Valley Primary Care
Catawba Valley Psychiatric Services
Catawba Women's Center, PA
Cornerstone- Conover Family Practice
Crossroads Counseling Center, Inc.
Crossroads Family Medical Care PA
Desantis Family Practice PLLC
Dr. Michael R. Sigmon
Fairgrove Primary Health
Family Healthcare Practice
Gastroenterology Associates PA
Hart Family Practice, PA
Healthview
Hickory Chest, PLLC
Michael C. DeSantis, MD
Newton Family Physicians, PA
Palliative CareCenter & Hospice of Catawba Valley

Piedmont Endocrinology, PA
Rudisill Family Practice
Swisher Internal Medicine
The Child Health Center, PA
Unifour Family Practice PLLC
Unifour Pediatrics, PA
Viewmont Internal Medicine

Health Professionals Assisted by Northwest AHEC Practice Support in Iredell County
Barium Springs Home for Children
Douglas D Pritchard, MD, PLLC
Hardee Family Medicine
Northlake Pediatric Care
Tall Oaks Family Practice
Trinity Health Care, P.A.

Health Professionals Assisted by Northwest AHEC Practice Support in Surry County
Blue Ridge Cardiology & Internal Medicine - Dobson
Blue Ridge Cardiology & Internal Medicine - Elkin
Blue Ridge Cardiology & Internal Medicine - Mt Airy
Challie Minton, MD
Elkin Pediatric & Adult Medicine, PA
Kids Count Pediatrics
Northern Medical Group - Family Medicine
Primary Care of Mount Airy

Health Professionals Assisted by Northwest AHEC Practice Support in Yadkin County
Blue Ridge Cardiology & Internal Medicine - Yadkinville

- For more information about how Northwest AHEC's Regional Extension Center can help you, contact Dr. Chris Jones at (336) 713-7039 or cjones@WakeHealth.edu or please go to <https://www.ncahec.net/practice-support/>

LIBRARY SERVICES

- Appalachian Regional Healthcare System (Watauga Medical Center, Blowing Rock Rehabilitation Hospital & Davant Extended Care Center, and Cannon Memorial Hospital), Caldwell Community College and Technical Institute, Wilkes Regional Medical Center, J. Iverson Riddle, Catawba Valley Medical Center, Frye Regional Medical Center, Iredell Health System, Lenoir-Rhyne University and Hugh Chatham Memorial Hospital are all members of NW AHEC Library Services.
- Information about these services can be found at the Northwest AHEC website: <http://nwahec.org/site> or by contacting Ms. Karen Martinez at (828) 326-3482 or martinez@WakeHealth.edu.