Protocol for MD students preparing to return to clinical rotations:

**Day 0 = date returning to clinic/hospital rotation or classes**

Days -14 to day 0: **Self-monitor using checklist below** and **notify** **Employee Health (336-716-4801 option 2) of any positive symptoms**

* *Do you feel like you may have a temperature of greater than 100.0°F? (If so, take temperature)*
* *Do you have a new or worsening cough that is not related to another medical condition?*
* *Do you have sore throat not related to another medical condition (e.g. allergies)?*
* *Do you have difficulty breathing or shortness of breath that is not attributable to another medical condition?*
* *Do you have new joint or muscle aches not related to another medical condition or another specific activity (e.g. due to physical exercise)?*
* *Do you have recent (<5 days) loss of smell and taste?*
* *Do you have new onset of vomiting or diarrhea not related to another medical condition?*

Prior to Day 0:

1. Complete observed PPE donning and doffing skills training
2. **Re-take the HealthStream Module** on **WFBHS-COVID-19 PPE Use 2020** *prior to* coming to an in-person PPE donning & doffing skills session
	1. Log into [HealthStream](http://www.healthstream.com/HLC/wakehealth) training
	2. Search for **WFBHS-COVID-19 PPE Use 2020**
	3. Complete the module
3. Review the information on the [PPE Information](https://intranet.wakehealth.edu/Departments/Infection-Control/Coronavirus/PPE/) Intranet page
4. Complete an in-person (observed) PPE donning & doffing skills session
	1. Note the [expectation about wearing masks](https://intranet.wakehealth.edu/Leadership/Leadership-Updates/2020/Mask-Wearing-for-All-Employees-Students-Patients-and-Visitors.htm): All employees, including those in non-patient facing roles, **and students** are expected to wear a mask at all times in common areas inside Wake Forest Baptist Health facilities:
		1. Employees (and students) should put on a mask before entering any campus building to arrive for their shift.
		2. Mask-free times should only occur when employees (and students) are on break and socially distanced from others, or when working alone in individual offices.
		3. For sanitary purposes, cloth masks should be washed daily by the individual.
5. Review COVID-19 Information on the [COVID-19 Employee Hub](https://intranet.wakehealth.edu/departments/infection-control/covid-19/?utm_source=Intranet&utm_medium=web&utm_campaign=homepagebutton) Intranet page
6. Review the [MD Student COVID-19 Information](https://intranet.wakehealth.edu/Departments/Infection-Control/Coronavirus/Student/MD.htm) Intranet page
7. **Review the** [COVID-19 FAQs](https://intranet.wakehealth.edu/Departments/Infection-Control/Coronavirus/FAQs/)**, particularly those about:**
	1. **COVID-19 FAQs -** [MD Students](https://intranet.wakehealth.edu/Departments/Infection-Control/Coronavirus/FAQs/MD-Students.htm?utm_source=faqgallery)
	2. **COVID-19 FAQs -** [Clinical Care](https://intranet.wakehealth.edu/Departments/Infection-Control/Coronavirus/FAQs/Clinical-Care.htm?utm_source=faqgallery)
8. Instructions if you develop [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) once you’ve returned to school/clinical rotations (see self-monitoring symptoms checklist above)
	1. **See the attached Table (below)**
	2. Contact Employee Health to report your symptoms and answer some screening questions
		1. Report your symptoms to Employee Health by either completing the [Employee Flu and Norovirus Self-Reporting form](https://forms.office.com/Pages/ResponsePage.aspx?id=lebCPz0oTk6tRuQ30RsYq8tgGFohEyNAtXqgosh1dmpUOFVMQ1NGTVNDQ0M0RFdHMFBHQVdYMTFYSi4u) or calling 336-716-4801 (option 2).
9. Review Steps to take in case of exposure
	1. Please see the Table for instructions to take if you are exposed to someone with COVID-19.
10. Review steps to take in case of illness:
	1. Please see the Table for instructions to take if you are experiencing symptoms of or test positive for COVID-19.
11. What are my options if I do not feel comfortable entering clinical rotations?
	1. Pursuing your education and training is always a voluntary action.
	2. We are putting measures in place to help decrease the risk to each of you, by providing appropriate health system Personal Protective Equipment (PPE) and initially specifying that you not work with patients who are known to be COVID-19 positive or are being evaluated specifically because they are a Person Under Investigation (PUI). However, it must be understood that some degree of risk will always be present. All risks cannot be mitigated.
	3. If you are concerned about your personal health risks related to participating in your education/training program, contact your personal medical provider to discuss.
	4. Contact Dr. Marcia Wofford, Associate Dean for Student Affairs, to discuss your concerns.
	5. Additionally, you may contact the Wake Forest University Learning Assistance Center & Disability Services (LAC-DS) if you feel the need to discuss potential disability accommodation requests at 336-758-5929.
12. What is the role of Employee Health and how do I access them?
	1. Employee Health can be accessed by calling **336-716-4801 and by the** [Employee Health Portal](https://webchartnow.com/wakehealth/)
	2. Employee Health will continue to provide students with a mechanism to:
		1. Report travel and provide travel-related guidance, both going to a location and returning from a location.
		2. Report exposures to COVID-19
		3. Report the development of any symptoms consistent with COVID-19
		4. Provide **clearance to return to duty** following duty restrictions related to COVID-19

**Interventions for COVID-19+ Exposure and Testing**

|  |  |
| --- | --- |
| Situation | Required action |
| Exposed to COVID-19+ individual in the [community](https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html)(e.g., a household contact such as family member or roommate; other situation that meets the definition of an exposure) | * Stay home from school/clinical rotations .
* Contact Employee Health (336-716-4801 option 2) to notify them of your exposure.
* Begin a period of self-quarantine and continue self-[**quarantine**](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html) **for 14 days after the last exposure** to the COVID-19+ individual.
* Self-monitor for symptoms
	+ **Check temperature twice a day**
	+ Watch for fever (subjective fever or measured temp of 100.0 F or higher), cough, or shortness of breath
* Avoid contact with people at [higher risk for severe illness](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fhigh-risk-complications.html) (unless they live in the same home and had same exposure)
* **If you develop symptoms**:
	+ If you feel [severely ill](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#warning-signs), call 911
	+ If not feeling severely ill, contact Employee Health (336-716-4801 option 2) or go to the [Employee Health Portal](https://webchartnow.com/wakehealth/) to report you have developed symptoms. (On the portal, click on “I have reported”)
		- Note: consider “unit director” as your course director
		- Note: consider “assigned shift” as coming in for your rotation
	+ **Call your primary care provider (PCP)** to discuss your symptoms and receive medical advice and **advice about testing**
		- **Those without a primary care provider can call:**
			* Mon-Fri 8am – 5pm: **Call Wake Forest Baptist’s hotline 336-70-COVID** for telephone screening to determine if the symptoms can safely be managed at home or if the patient needs to be seen in person.
				+ If you need to be seen in person, you will be asked to come to one of the respiratory symptom clinics.
			* After 5pm and on weekends/holidays: **Call Family Medicine – Piedmont Plaza 336-716-4479** to speak to the physician on-call to discuss your symptoms and receive medical advice and **advice about testing**
 |
| Exposed to COVID-19+ patient while in clinic/hospital – a prolonged close contact\*(Patient masked OR un-masked; Student: wearing BOTH face mask + face shield) | No work/school restriction required; continue to wear appropriate PPE in the clinical setting. |
| Exposed to COVID-19+ patient while in clinic/hospital – a prolonged close contact\*(Patient masked; Student: wearing face mask ONLY) | No work/school restriction required; continue to wear appropriate PPE in the clinical setting. |
| Exposed to COVID-19+ patient while in clinic/hospital – a prolonged close contact\*(Patient NOT masked; Student: wearing face mask ONLY) | * Contact Employee Health (336-716-4801 option 2) to notify them of your exposure.
* If you have **no symptoms**, you **may report to your rotation and must wear a mask at all times** when outside of your home **for 14 days after the last exposure** to the COVID-19+ individual.
* Self-monitor for symptoms
	+ **Check temperature twice a day**
	+ Watch for fever (subjective fever or measured temp of 100.0 F or higher), cough, or shortness of breath
* Submit an absence request through the usual system utilized by your program (i.e., CRNA, Grad, MD, PA)
* Avoid contact with people at [higher risk for severe illness](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fspecific-groups%2Fhigh-risk-complications.html) (unless they live in the same home and had same exposure)
* **If you develop symptoms**:
	+ If you feel [severely ill](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#warning-signs), call 911
	+ If not feeling severely ill, contact Employee Health (336-716-4801 option 2) or go to the [Employee Health Portal](https://webchartnow.com/wakehealth/) to report you have developed symptoms and answer some screening questions. (On the portal, click on “I have reported”)
		- Note: consider “unit director” as your course director
		- Note: consider “assigned shift” as coming in for your rotation
	+ **Call your primary care provider (PCP)** to discuss your symptoms and receive medical advice and **advice about testing**
		- **Those without a primary care provider can call:**
			* Mon-Fri 8am – 5pm: **Call Wake Forest Baptist’s hotline 336-70-COVID** for telephone screening to determine if the symptoms can safely be managed at home or if the patient needs to be seen in person.
				+ If you need to be seen in person, you will be asked to come to one of the respiratory symptom clinics.
			* After 5pm and on weekends/holidays: **Call Family Medicine – Piedmont Plaza 336-716-4479** to speak to the physician on-call to discuss your symptoms and receive medical advice and **advice about testing**
 |
| Personally testing positive for COVID-19 | * Once informed of a **positive COVID-19 result**, put on a facemask (if not already wearing one), leave the hospital/clinic setting after appropriate notification to your immediate supervisor (i.e., service/clinic attending, course/clerkship director), **contact Employee Health** (336-716-4801 option 2) to notify them of your positive COVID-19 test result.
	+ **Note**: Employee Health may recommend you obtain a confirmatory COVID-19 test in our health system depending upon the type of test you had performed outside of our health system.
* **Begin a period of** self-[**isolation**](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html)
* Self-monitor for symptoms
	+ Check temperature twice a day
	+ Watch for fever (subjective fever or measured temp of 100.0 F or higher), cough, or shortness of breath
	+ Other symptoms (see self-monitoring symptoms checklist above)
* Submit an absence request through the usual system utilized by your program (i.e., CRNA, Grad, MD, PA)
* **Return to school/clinical rotation may be considered based upon the following:**
	+ If you become symptomatic, isolation may end:
		- 10 days since symptoms first appear AND
		- 3 days (72hrs) without fever (with no fever-reducing medications) plus recovery from symptoms
	+ If you remain asymptomatic, isolation may end:
		- 10 days after your after your first positive diagnostic COVID-19 test AND
		- 3 days (72hrs) without fever (with no fever-reducing medications) plus recovery from symptoms
* **Prior to return to school/clinical rotation, you must contact Employee Health, either by email at COVID\_EH@wakehealth.edu or phone at 336-716-4801 (option 4).**
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\* Exposure is defined as:

* Patient symptomatic, not masked AND
* Within 6ft for 15 minutes or greater AND
* Student not masked AND/OR
* Student not wearing eye protection while patient is excessively coughing and/or sneezing or vomiting

Some situations may be addressed on a case-by-case basis.

[**Employee Health**](https://webchartnow.com/wakehealth/webchart.cgi?f=nmc&s=pat&page=PortalHome&svar_cobrand_patid=133&cobrand_patid=133&pat_id=8331) **has the final say in health decisions for students working in our Health System.**

**Online resources**

[WFBMC COVID-19 Resources](http://intranet.wakehealth.edu/Departments/Infection-Control/Coronavirus/Resources/Employee-Health-Portal.htm)

[WFBMC Employee Health Portal](http://intranet.wakehealth.edu/Departments/Employee-Health/)

[SHRM Social Distancing Guidelines at Work](https://www.shrm.org/resourcesandtools/tools-and-samples/pages/social-distancing-guidelines.aspx)

[Centers for Disease Control and Prevention (CDC)](https://www.cdc.gov/coronavirus/2019-ncov/index.html)

[Quarantine vs Self Isolation](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html)

[Community-related exposure](https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html)

[Household Ready Checklist](https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/checklist-household-ready.html)

[Healthcare Personnel with Potential Exposure in a Healthcare Setting to COVID-19+ Patients](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html)

[List for people at higher risk](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html)

[Exposure Guidelines](https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html)

[Criteria for return to work for healthcare personnel](https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhealthcare-facilities%2Fhcp-return-work.html)