

Transforming Through Adversity

The Leadership Journey for Women in Medicine and Science

Communicate. Connect. Lead.

September 14, 2021

Sponsored by Faculty Affairs at Wake Forest School of Medicine

Partnering Sponsors: Surgical Care Affiliates, Fader RE, Women in Medicine and Science (WIMS) Fund and the Lucile Hutaff Education Society for Women in Medicine and Science

12:00pm Doors Open & Check-In

1:00pm Welcome & Opening Remarks

Libby Kelly, MD, Assistant Professor, Emergency Medicine, Wake Forest Baptist Health

Suzanne Danhauer, PhD, Professor and Vice Chair of Social Sciences and Health Policy in the Division of Public Health Sciences, Wake Forest School of Medicine

Evelyn Anthony, MD, FACR, Senior Associate Dean of Faculty Affairs; Professor of Radiology, Pediatrics and Biomedical Engineering, Brenner Children's Hospital, Wake Forest School of Medicine

1:10pm **Moderator: Suzanne Danhauer**

Session 1 – *“Transforming Conflict & Stress into Positive Change: The Magic of Empathy and Compassionate Communication”*

Sally Shumaker, PhD, Professor of Social Sciences and Health Policy in the Division of Public Health Sciences at Wake Forest School of Medicine

1:45pm Q&A

1:55pm **Moderator: Libby Kelly**

Session 2 – Panel Discussion – *“Transforming through Adversity”*

Michelle Keating, DO, Assistant Professor of Family Medicine, Wake Forest Baptist Health

Nichole Taylor, DO, Clinical Associate Professor of Anesthesiology, Assistant Dean of Student Affairs, Wake Forest Baptist Health

Geeta Swamy, MD, Professor of Obstetrics and Gynecology, Vice Chair for Research and Faculty Development, Duke University School of Medicine

Laura Veach, PhD, LCAS, LCMHC, CCS, Professor, Surgery – Trauma, Psychiatry/Behavioral Medicine, Wake Forest Baptist Health

Suzanne Danhauer, PhD, Professor and Vice Chair of Social Sciences and Health Policy in the Division of Public Health Sciences, Wake Forest School of Medicine

- 2:55pm Table Discussions & Large Group Reflection
- 3:35pm **Moderator: Cynthia Emory, MBA, MD, Professor and Vice Chair of Orthopaedic Surgery; Interim Chair of Pediatrics**
- Mindfulness Experience
- Rebecca Wells**, MD, MPH, Associate Professor, Neurology, Wake Forest Baptist Health
- 3:45pm Break
- 4:00pm **Moderator: TanYa M. Gwathmey, MS, PhD, Associate Professor of Hypertension & Vascular Research, Director of Biomarker Analytical Core**
- Session 3 – ***“Moving the Needle: Mentorship, Sponsorship, Allyship”***
- Nancy Spector**, MD, Executive Director, Executive Leadership in Academic Medicine (ELAM) Program, Professor of Pediatrics and Associate Dean for Faculty Development at Drexel University College of Medicine
- 4:45pm Q&A
- 5:00pm Closing Remarks
- Suzanne Danhauer**, PhD, Professor and Vice Chair of Social Sciences and Health Policy in the Division of Public Health Sciences, Wake Forest School of Medicine
- Libby Kelly**, MD, Assistant Professor, Emergency Medicine, Wake Forest Baptist Health
- Julie A. Freischlag**, MD, FACS, FRCSEd(Hon), DFSVS, Chief Executive Officer of Atrium Health Wake Forest Baptist, Dean of Wake Forest School of Medicine, Chief Academic Officer of Atrium Health Enterprise
- 5:30pm Conclusion

Thank you so much for attending!

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Communicate. Connect. Lead. About the Speakers

Nancy Spector, MD, Executive Director, Executive Leadership in Academic Medicine (ELAM) Program, Professor of Pediatrics and Associate Dean for Faculty Development at Drexel University College of Medicine



Dr. Nancy Spector, MD, is a Professor of Pediatrics and serves in dual roles at the Drexel University College of Medicine (DUCOM): as Executive Director of the Hedwig van Ameringen Executive Leadership in Academic Medicine® (ELAM) program, a part-time year long, national leadership fellowship program for women in academic medicine, dentistry, public health, and pharmacy, and as Vice Dean for Faculty. Known for her leadership abilities and her facilitation skills, Dr. Spector is sought after as a speaker and a visiting professor. Her contributions to graduate medical education and academic medicine are in leadership skills development, professional development, gender equity, mentoring and sponsorship, and curriculum development and implementation. She is a member of PROWD (Promoting and Respecting Our Women Doctors). In addition to her roles at DUCOM, she has been the educational leader of the I-PASS Handoff Study Group and serves as the Chair of the I-PASS Executive Council and is a co-founder of the I-PASS Safety Institute.

Dr. Spector is a graduate of Brown University and the University of Massachusetts Medical School. She completed her residency, Chief Residency, and General Academic Pediatrics Fellowship at St. Christopher's Hospital for Children. Dr. Spector was elected to Alpha Omega Alpha and is member of the American Pediatric Society. She has received numerous awards for teaching, mentoring and innovation, including the Robert S. Holm Award for her extraordinary contribution in pediatric program director leadership and mentorship from the Association of Pediatric Program Directors, the Elias Abrutyn Mentoring Award from Drexel University College of Medicine, the Miller Sarkin Mentoring Award from the Academic Pediatric Association, the Elizabeth Bingham Award from the Association for Women in Science, Philadelphia chapter, the Women in Medicine Summit She for She Award, the American Medical Association Inspiration Award, and the Association of American Medical Colleges GWIMS Leadership Award for an Individual. The I-PASS Study group that she leads was a HBS/HMS health acceleration challenge finalist and received the Cox Award, and the I-PASS Handoff Program received the John M. Eisenberg National Patient Safety and Quality Award, Joint Commission and National Quality Forum.

In the past year she has been invited to join a number of leadership efforts at organizations including the American Women's Medical Association (AMWA), the Association of American Medical Colleges (AAMC), the Center for Women in Academic Medicine and Science (CWAMS), the American Academy of Pediatrics (AAP) Women's Wellness through Equity and Leadership (WEL) project (partner organizations are American Academy of Family Physicians (AAFP), American College of Obstetricians and Gynecologists (ACOG), American College of Physicians (ACP), American Hospital Association (AHA), American Medical Association (AMA), American Medical Women's Association (AMWA), American Psychiatric Association (APA), National Hispanic Medical Association (NHMA), and National Medical Association (NMA)), the Society of Hospital Medicine, the American College of Physicians, and the MAVEN Leadership Training Initiative. Dr. Spector's scholarly focus includes a broad range of educational topics, such as mentoring and sponsorship, gender equity, professional development planning, the I-PASS Handoff Program, and electronic professionalism. She is the co-editor of two books and has more than 115 publications to her credit.

Sally Shumaker, PhD, Professor of Social Sciences and Health Policy in the Division of Public Health Sciences at Wake Forest School of Medicine



Sally Shumaker is a full professor in the Department of Social Sciences and Health Policy, within the Division of Public Health Sciences. Prior to joining the Wake faculty in 1990, she was a Scientific Administrator at the National Heart, Lung & Blood Institute, and prior to that, she was a faculty at The Johns Hopkins University. She holds a PhD in Social Psychology from The University of Michigan, and completed post-doctoral training in Social Ecology and Health Psychology, at the Universities of California, Irvine and Los Angeles, respectively.

Since joining the faculty at Wake, she has held a number of leadership positions, including: Founding Director of the National Women's Health Center of Excellence, Founding Section Head of Social Sciences & Health Policy (now a department), Associate Dean for Faculty Services & Career Development, Senior Associate Dean for Research, and Director of Intercampus Program Development. She has been a Principal Investigator or Co-Principal Investigator on a number of grants and contracts over the years. Most recently, she served as the PI for the Southeast Regional Center for the Women's Health Initiative, and was the PI of the Women's Health Initiative Memory Study and several of its ancillaries. Currently, she is the Chair of the National Steering Committee for the Women's Health Initiative. She served on the Council of the Office of Research on Women's Health, as an expert consultant on a number of NIH programs, on NIH-sponsored Data and Safety Monitoring Boards, and on NIH study sections. She has over 300 publications in the areas of older women's health, dementia, health-related quality of life, adherence, and psychosocial factors in disease history and progression. She is a Fellow of the American Psychological Association, American Psychological Society, the Society for the Psychological Study of Social Issues, and the Society for Behavioral Medicine.

In addition to her research interests and administrative roles, Sally has formal training in mediation, executive coaching, 360/Benchmark assessments, team science, conflict management and negotiations, and non-violent communication. She provides workshops and training in these areas for various professional organizations nationally and she has served in several roles within the Executive Leadership in Academic Medicine (ELAM), and as a consultant for the Center for Creative Leadership. Sally is an Executive Coach for senior women leaders in primarily academic settings throughout the United States and Canada. She has dedicated most of her career to the study of women's health, and facilitating the advancement of women into leadership roles. In her spare time – she loves bicycling, hiking, playing with her husband, "kids," grand-kids, extended family & friends, and pets and- in general – exploring as often as possible the mountains and beaches of NC and beyond.

Geeta Swamy, MD, Professor of Obstetrics and Gynecology, Vice Chair for Research and Faculty Development, Duke University School of Medicine



Dr. Geeta K. Swamy, Professor of Duke ObGyn, Division of Maternal-Fetal Medicine, serves as Associate Vice President for Research and Vice Dean for Scientific Integrity for Duke University and the School of Medicine. She received her undergraduate degree in Public Health and Biostatistics at the University of North Carolina, her medical degree from the University of North Carolina and completed ObGyn residency at the University of Pittsburgh and a Maternal-Fetal Medicine fellowship at Duke University. Dr. Swamy has dedicated her career to advancing research in women's health and to mentoring faculty and trainees in the field. She is an internationally recognized clinician-researcher, and an expert and nationally-recognized leader in the field of perinatal infectious diseases and maternal immunization in pregnancy/postpartum. She has designed, implemented, and disseminated findings from numerous interventional and observation trials during pregnancy. Her research has been funded by the National Institutes of Health (NIH), Centers for Disease Control (CDC), Environmental Protection Agency (EPA) and others. She currently serves as Co-Principal Investigator for the NIH-NIAID Vaccine Treatment and Evaluation (VTEU) and for the CDC-funded Clinical Immunization Safety Assessment, and has published ~ 150 peer-reviewed manuscripts. She has particular expertise in clinical trial design and oversight in special populations such as pregnant women and children. Dr. Swamy also serves as a member of the Dept of Health & Human Services' National Vaccine Advisory Committee (NVAC) and the FDA's Vaccines & Related Biological Products Advisory Committee (VRBPAC).

Michelle Keating, DO, Assistant Professor of Family Medicine, Wake Forest Baptist Health



Dr. Michelle Keating is an Assistant Professor of Family and Community Medicine at Wake Forest School of Medicine, Atrium Health-Wake Forest Baptist. She completed her Doctorate of Osteopathic Medicine at VCOM-Virginia and Family Medicine Residency and Academic Fellowship at Wake Forest Baptist Health. She recently earned her Masters of Education in the Health Professions (MEHP) from Johns Hopkins University. Dr. Keating practices both inpatient and outpatient family medicine and currently serves as faculty in the Family Medicine Residency, co-developer/director of the interprofessional Medical Education Certificate Program, FMIG Advisor, Course Director for the Transitions to Residency Course, and Family Medicine Academic Fellowship Director. Outside of work, she is married to Ty and they have two amazing daughters, Abby (6) and Caroline (3). Abby was diagnosed with Acute Myeloid Leukemia 4 years ago. Gratefully, she has remained in remission and is a thriving 1st grader! She enjoys spending time being active with family, traveling (when not in a pandemic), and reading.

Nichole Taylor, DO, Clinical Associate Professor of Anesthesiology, Assistant Dean of Student Affairs, Wake Forest Baptist Health



Dr. Nichole Taylor, Assistant Dean of Student Affairs at Wake Forest School of Medicine, and former Associate Anesthesiology Residency Program Director at Wake Forest Baptist Medical Center. As a physician living with Multiple Sclerosis, she shifted her career from clinical practice to advocacy, advising, teaching and administration. She has over a decade of experience supervising residents and mentoring medical students in career planning, specialty selection and residency application. Through her knowledge of both Undergraduate Medical Education (UME) and Graduate Medical Education (GME), she is experienced in assisting all students, especially those with disabilities, in a smooth transition from UME to GME. She is the co-author of 4 book chapters in *Disability as Diversity* (2020, Springer Publishing) and *Disability as Diversity: A Case Studies Companion Guide* (2020, Springer Publishing Company). She co-authored a publication entitled, *Realizing a Diverse and Inclusive Workforce: Equal Access for Residents with Disabilities* in the Journal of Graduate Medical Education, Oct. 2019). She is a board member for the Coalition of Disability Access in Health Science Education and is a committee member for the American Society of Anesthesiology, Committee on Professional Diversity. She was invited to participate in the ACGME's initiative, Equity Matters. She is the co-chair of a national working group that will be launching a Disability Toolkit for residency programs surrounding disability and accommodation best practices. She is a fierce advocate for diversity, inclusion and awareness of disability in the realm of health science education.

Laura Veach, PhD, LCAS, LCMHC, CCS, Professor, Surgery – Trauma, Psychiatry/Behavioral Medicine, Wake Forest Baptist Health



Laura J. Veach, Ph.D., is a Professor, Department of Surgery-Trauma & Psychiatry/Behavioral Medicine (Jt.Appnt.) at Wake Forest School of Medicine, a native of Winston Salem and a Double Deac ('79 & '82). After a successful behavioral health administrative career at Novant Health, Charter Medical, and High Point Regional Health, Dr. Veach completed her Ph.D. in Counseling & Supervision, University of New Orleans. Her academic career began in 1997 at WFU leading to tenure as Associate Professor of Counseling, Reynolda Campus.

She is an active proponent of clinical education, research, service, and mentoring with a specialty focus in substance use disorders (SUD) care. Using an educational leadership model in a clinical academic medical setting within our Level I Trauma Center, she developed innovative and nationally recognized specialized intervention services for hospitalized trauma patients while also instituting trauma-informed counselor and addiction specialist training for masters and doctoral students. She is core faculty in the Wake Forest School of Medicine Addiction Medicine Fellowship & the Founding Director of the M.S. Addiction Research & Clinical Health (ARCH) program.

Her clinical research includes: Co-PI, RWJF Grant examining inpatient brief counseling interventions (BI) in a prospective clinical trial (PI-O'Brien); Co-I alongside ARCH clinicians, & learners, Drs. Tom Pranikoff and Andrea Doud to conduct ATV BI with pediatric patients and BI for violently injured youth at Atrium Main (PI-Jacobs) and Wake Forest Baptist (PI-Veach) trauma centers (Childress Institute for Pediatric Trauma). In recent years, the ARCH team continues to expand, e.g., post-suicide BI and PTSD interventions developed in an NIH-funded multicenter pragmatic study (PI-Zatzick, U Wash).

Dr. Veach has over 24 publications: 2018 textbook, *Spectrum of Addiction*, with R. Moro & serves as Vice-Chair, Daymark's BOD. She was the NC Addiction Specialists Professional Practice Board President (2018-2020), the 2006 President of the International Association of Addictions and Offender Counseling (IAAOC) and the recipient of: 2007 IAAOC Counselor Educator Award (WFU), 2007 WFU Graduate Faculty Award for Excellence in Teaching, 2008 American Counseling Association Advocacy Award, and the 2013 IAAOC Addiction Counseling Program Award (UNCC).

For replenishing, she can be found at a nearby road course pursuing her vintage car hobby.

Suzanne Danhauer, PhD, Professor and Vice Chair of Social Sciences and Health Policy in the Division of Public Health Sciences, Wake Forest School of Medicine



Dr. Suzanne Danhauer is a Professor and Vice Chair in the Department of Social Sciences & Health Policy in the Division of Public Health Sciences in the Wake Forest School of Medicine. In 2019, she was appointed as the first Director of Faculty Well-Being & Resilience in the Office of Faculty Affairs to lead efforts to decrease burnout and increase well-being in medical school faculty members. Dr. Danhauer is also the former Associate Director of the Office of Women in Medicine & Science (OWIMS, now the WIMS institutional committee). In that role, she directed the early career development and leadership development programs for women faculty.

As a clinical health psychologist, she worked directly with patients in both inpatient and outpatient oncology during her initial years at Wake Forest. During recent years, she has focused primarily on patient-focused cancer survivorship research. Her research investigates: potential benefits of behavioral and integrative medicine modalities for cancer survivors; the impact of cancer on work and financial burden (especially in young adult survivors); and psychological adaptation to cancer, specifically how survivors often report a variety of positive changes in their lives following cancer.

She is the Associate Director of Research for the Center for Integrative Medicine, Editor-in-Chief of *Global Advances in Health & Medicine* (the journal of the Academic Consortium for Integrative Medicine & Health), and a member of the National Cancer Institute Symptom Management & Health-Related Quality of Life Steering Committee.

Dr. Danhauer has also taught undergraduate courses in positive psychology, and more recently her teaching with medical students and academic medicine faculty members has incorporated “positive psychology” scientific findings for concepts such as happiness, positive emotions, strengths, and gratitude – and why they matter. She has completed training with the Gallup Organization in accelerated strengths coaching and leading high-performance teams and is a Gallup-certified strengths coach.

For those attending the WFU Face to Face Speaker Conference, please proceed to LJM Coliseum.
Event Begins at 7:30pm.

WAKE FOREST UNIVERSITY

FACE TO FACE

SPEAKER FORUM

September 14, 2021



Malcolm Gladwell
Bestselling Author of
Talking To Strangers,
Blink and Outliers

Malcolm Gladwell is the author of five *New York Times* bestsellers — *The Tipping Point*, *Blink*, *Outliers*, *What the Dog Saw*, and *David and Goliath: Underdogs, Misfits and the Art of Battling Giants*. He has been named one of the 100 most influential people by *TIME* magazine and one of the *Foreign Policy*'s Top Global Thinkers.