2019 Women's Leadership Conference

Revive and Thrive

The Leadership Journey for Women in Medicine and Science

Friday, September 13, 2019

Benton Convention Center

9:00 Registration

10:00 Welcome

Lynn Anthony, MD, Senior Associate Dean for Faculty Affairs; Professor of Radiology and Pediatrics, Wake Forest School of Medicine (WFSM)

Opening Remarks

Julie Freischlag, MD, FRCS, ED (Hon), CEO of Wake Forest Baptist Medical Center and Dean of WFSM

10:15 **Session 1: Flourishing is not a Solo Endeavor** (B. Fredrickson)

Introductions: **Cynthia Emory, MD, MBA**, Associate Professor and Vice Chair of Orthopaedic Surgery; Chair of the Women in Medicine and Science Program, WFSM (Conference Chair)

Opening Plenary: "Stop Giving Discounts – Planning for Your 'ASK""

Winborne Macphail, Group President, Operations and SVP, Sales and Market Development,
Surgical Care Affiliates (SCA); Executive, SCA Women's Leadership Network

"Women Supporting Women: An Untapped Resource" Catherine Matthews, MD, Professor of Urology, WFSM

"The Language of Leadership"

Susan M. Pollart, MD, MS, Senior Associate Dean for Faculty Affairs and Faculty Development; Ruth E. Murdaugh Professor of Family Medicine, University of Virginia School of Medicine

11:30 Session 1 Q&A

11:45 Networking Break & lunch pick-up

12:15 **Session 2: Work-Life Choices**

Moderator: Elizabeth (Libby) Kelly, MD, Assistant Professor, Emergency Medicine, WFSM

Panelists:

Roxann Roberson-Nay, PhD, Associate Professor, Psychiatry; Assistant Dean, Graduate Recruitment & Admissions, Virginia Commonwealth University

Suzanne Danhauer, PhD, Associate Professor and Vice Chair of PHS, Social Sciences & Health Policy, WFSM

Amret Hawfield, MD, Associate Professor, Internal Medicine, Nephrology, WFSM Amber Brooks, MD, Associate Professor of Anesthesiology, WFSM Oona O'Neill, MD, Assistant Professor, Obstetrics & Gynecology, WFSM Gabriela Velazquez-Ramirez, MD, Assistant Professor, Vascular & Endovascular Surgery, WFSM Session 2 Q&A **Networking Break** ******* Session 3: Navigating Workplace Challenges – What Would You Do? (Small Group Discussion) Orientation: Cynthia Emory, MD, MBA **Networking Break** ******* **Session 4: Positivity Transforms Us For the Better** (B. Fredrickson) Introductions: Suzanne Danhauer, PhD Keynote – "People Matter: The Science of Love, Connection, & 'Positivity Resonance" Barbara Fredrickson, PhD, Kenan Distinguished Professor of Psychology, Director of the Positive Emotions and Psychophysiology Laboratory, University of North Carolina, Chapel Hill ******* Moderator: Goldie Byrd, PhD, Professor of Public Health Sciences; Director of the Maya

4:20 **Q&A Panel**

1:10

1:30

2:00

3:00

3:20

Angelou Center for Health Equity, WFSM

All presenters: Amber Brooks, MD, Suzanne Danhauer, PhD, Barbara Fredrickson, PhD, Amret Hawfield, MD, Winborne Macphail, Catherine Matthews, MD, Oona O'Neill, MD, Susan Pollart, MD, MS, Roxann Roberson-Nay, PhD, Gabriela Velazquez-Ramirez, MD

| 4:55 | Closing remarks: Cynthia Emory, MD, MBA |
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| 5:00 | Networking Social |
| 6:00 | Conference Concludes |